

Kathleen M. Pike, PhD

Professional Bio

Kathleen M. Pike, PhD is Professor of Psychology at Columbia University Irving Medical Center. She serves as Director of the Columbia-WHO Center for Global Mental Health and Director of the Mental Health + Work Design Lab. She is Deputy Director of the Health and Aging Policy Fellows Program.

A long-time mental health leader, Dr. Pike has over three decades of experience focused on mental health advocacy, policy, research and training. She has pioneered initiatives on the global stage advocating for expanded mental health services and translating research into practice across clinical care, school, and workplace settings. She collaborates with colleagues around the globe to build mental health leadership and capacity in under-resourced communities. A tireless mental health advocate, Kathy has provided consultation on mental health policy in the United States and Japan, where she resided for over a decade.

Dr. Pike's scholarship focuses on eating disorders, culture and psychopathology, global mental health, and mental health in the workplace. She is recognized internationally for her work on risk factors and psychotherapy for eating disorders. She has served as consultant to the American Psychiatric Association DSM-5 task force on cultural factors associated with the clinical presentation and risk factors of eating disorders and is on the scientific leadership team for the World Health Organization that is responsible for the development of the revision of the International Classification of Diseases, which is used by all WHO member nations to report public health data.

With increased corporate recognition of the need to address mental health in the workplace, Dr. Pike has consulted to numerous corporations in the US and abroad to assist them in integrating best practices to reduce the burden of mental illness and enhance mental health and wellbeing among today's rapidly changing workforce. She contributes to the World Health Organization Taskforce on Mental Health and Work.

Dr. Pike has published over 150 articles and book chapters on eating disorders, culture and psychopathology, global mental health, and mental health in the workplace. She has authored and presented more than 200 workshops, invited lectures, and papers. Her weekly *Five on Friday* blog on mental health has a distribution that reaches over 15,000 readers, and her TEDxTokyo talk, *Don't Call Me Crazy*, has been viewed over 32,000 times.

Kathy serves on the Advisory Board for the Johns Hopkins School of Advanced International Studies, is a Trustee of the Jewish Board in NYC, and is a Trustee of the International Rescue Committee. She serves on the Board of Directors for Inseparable and is a member of Mindful Philanthropy's Clinical Advisory Board.

Dr. Pike earned her B.A. and M.A. in psychology and international studies at Johns Hopkins University and her Ph.D. in clinical psychology at Yale University. She is the 2021 recipient of the American Psychological Association Award for Distinguished Contributions to the International Advancement of Psychology.

A passionate beekeeper, Kathy is currently completing a master beekeeping certificate at Cornell University School of Agriculture. When she strays from work, she is likely to be in her apiary tending her hives and doting on the thousands of resident honeybees.