

Kathleen M. Pike, PhD

Professional Bio

Dr. Pike is the inaugural President and CEO of [One Mind At Work](#), a non-profit at the nexus of science and best practice, working with a global coalition of leaders who are committed to supporting workers' mental health and psychological wellbeing as they steward thriving and high performance organizations.

Dr. Pike is Professor of Psychology at Columbia University Department of Psychiatry and Mailman School of Public Health. She is the Founder and former Director of the [Columbia-WHO Center for Global Mental Health](#) where she now directs the [Mental Health + Work Design Lab](#).

A long-time mental health leader, Dr. Pike has over three decades of experience focused on mental health advocacy, policy, research and training. She has pioneered initiatives on the global stage advocating for expanded mental health services and translating research into practice across workplace, school, and clinical care settings. She collaborates with colleagues around the globe to build mental health leadership and capacity in under-resourced communities. A tireless mental health advocate, Kathy has provided consultation on mental health policy in the United States and Japan, where she resided for over a decade.

Dr. Pike's scholarship focuses on mental health in the workplace, global mental health, culture and psychopathology, and eating disorders. She is recognized internationally for her work on risk factors and psychotherapy for eating disorders. She has served as consultant to the American Psychiatric Association DSM-5 task force on cultural factors associated with the clinical presentation and risk factors of eating disorders and is on the scientific leadership team for the World Health Organization that is responsible for the development of the revision of the International Classification of Diseases, which is used by all WHO member nations to report public health data.

With increased recognition of the need to address mental health in the workplace, Dr. Pike has consulted to numerous corporations in the US and abroad to assist them in integrating best practices to reduce the burden of mental illness and enhance mental health and wellbeing among today's rapidly changing workforce. She contributes to the World Health Organization Taskforce on Mental Health and Work. Dr. Pike has published over 150 articles and book chapters on eating disorders, culture and psychopathology, global mental health, and mental health in the workplace. She has authored and presented more than 250 workshops, invited lectures, and papers. Her weekly Five on Friday blog on mental health has a distribution that reaches over 15,000 readers, and her TEDxTokyo talk, [Don't Call Me Crazy](#), has been viewed over 45,000 times.

Kathy serves on the Board of Directors for the International Rescue Committee, Kids in Need of Defense, The Jewish Board, and Inseparable. She is an Advisor to Mindful Philanthropy, AbleTo, and APCO. She is past vice chair and member of the Advisory Board for the Johns Hopkins School of Advanced International Studies.

Dr. Pike earned her B.A. and M.A. in psychology and international studies at Johns Hopkins University and her Ph.D. in clinical psychology at Yale University. She is the 2021 recipient of the American Psychological Association Award for Distinguished Contributions to the International Advancement of Psychology.

A passionate beekeeper, Kathy is currently completing a master beekeeping certificate at Cornell University School of Agriculture. When she strays from work, she is likely to be in her apiary tending her hives and doting on the thousands of resident honeybees.